

PREVENTIVE *VS* PROBLEM-BASED

Preventive and problem-based care are two types of health care services that could occur in one clinic visit.

At your exam today, you may want to discuss new or existing medical concerns. This portion of your visit may not be covered by your insurance, which may mean a separate co-pay or bill.

Please see the list below and talk with your health care team or insurance company if you have any questions.

| TYPE OF VISIT | PREVENTIVE | PROBLEM-BASED |
|-----------------------------------|-------------------------------------|-------------------------------------|
| Definition | Maintain & Prevent Future Illnesses | Diagnose & Treat Existing Illnesses |
| Annual Physical or Wellness Check | ✓ | |
| Asthma | | ✓ |
| Back or Joint Pain | | ✓ |
| Blood Pressure | NO SYMPTOMS | WITH SYMPTOMS |
| Cholesterol Management | NO HISTORY | PAST HISTORY |
| Diabetes Management | | ✓ |
| Depression | | ✓ |
| Medical & Screening Review | ✓ | |
| Preventive Health Coaching | ✓ | |
| Vaccines | ✓ | |
| Wart or Skin Lesion Treatment | | ✓ |

- **Anything problem-based discussed during your preventive visit will accrue an additional charge (split-billed).**